

## RECIPES FOR APPLE DESSERTS.

### Many Ways in Which the Fruit May Be Cooked.

**APPLE CHARLOTTE**—Cut slices of wheat bread or rolls, and having rubbed the bottom and sides of a basin with a bit of butter, line it with the sliced bread or rolls; put tart apples, cut them small and nearly fill the pan, strewing bits of butter and sugar between the apples; grate a small nutmeg over; make as many slices of bread or rolls as will cover it, over which put a plate and a weight to keep the bread close upon the apples; bake two hours in a quick oven, then turn it out. Quarter of a pound of butter and half a pound of sugar to half a peck of tart apples.

**RICH BAKED APPLE PUDDING**—Half pound the pulp of apples, half loaf sugar, six ounces of butter, the rind of one lemon, six eggs, puff paste. Peel and core and cut the apples as for sauce; put them into a stewpan, with only just sufficient water to prevent them from burning, and let them steep until reduced to a pulp. Weigh the pulp, and to every half pound add sifted sugar, grated lemon peel, and six well beaten eggs. Beat these ingredients well together, then melt the butter, stir it to the other things, put a border of puff paste round the dish, and bake for more than half an hour. The butter should not be added until the pudding is ready for the oven.

**APPLE SAGO PUDDING**—One cup sago in a quart of tepid water, baked for an hour, six or eight apples, pared and cored or quartered and steamed tender, and put in the pudding dish; boil and stir the sago until clear, adding water to make it thin, and pour it over the apples; this is good hot with butter and sugar, or cold with cream and sugar.

**BAKED APPLE DUMPLINGS**—Make in the same way, using a soft dough; place in a shallow pan, bake in a hot oven, and serve with cream and sugar, or place in a pan which is four or five inches deep (do not have the dumplings touch each other); then pour in hot water, just leaving top of dumplings uncovered. To a pan of four or five dumplings add one teacup sugar and half a tea cup of butter; bake from half to three-quarters of an hour. If water cooks away too much add more. Serve dumplings on a platter and the liquid in sauceboat for dressing. Fresh or canned peaches can be made the same way.

### A Healthy Skin.

There is a great difference between a healthy skin, glowing and flushing with life and emotion, and a made-up complexion of rouge and paints as there is a pronounced difference between a real rose and a rose and a cambric one. If you will observe, you will see that your skin is a reflection of the state of your health. When you have rested and feel well the cheeks are glowing, the eyes bright and the spirits soaring. Late hours and illness show at once by bringing to the face a sallow and a drawn expression. A simple line of treatment is to obey the rules of hygiene, to bathe the face every night with warm water, a complexion brush and some pure soap, rinsing, drying and rubbing in creme marquisse or orange flower skin food. Upon arising in the morning, dash cold water over the face and dust the skin with a good powder. A cream should always be used after one's countenance has been exposed to wind or sun.

### Stuffed Apples.

Pare large smooth apples, cut out the cores without breaking through the under side. Make a filling of finely chopped cold cooked chicken, seasoned with salt, pepper and a little finely chopped parsley. To one cup of the chicken add one-half cup of fine bread crumbs. Fill the apple cups with the chicken, with a bit of butter on each, and set in a hot oven to cook till tender, but not soft enough to break down.

## FADED TO A SHADOW.

### Worn Down by Five Years of Suffering from Kidney Complaint.

Mrs. Remethe Myers, of 180 South Tenth St., Ironton, O., says: "I have worked hard in my time and have been exposed again and again to changes of weather. It is no wonder my kidneys gave out and I went all to pieces at last. For five years I was fading away and finally so weak that for six months I could not get out of the house. I was nervous, restless and sleepless at night, and lame and sore in the morning. Sometimes everything would whirl and blur before me. I bloated so badly I could not wear tight clothing, and had to put on shoes two sizes larger than usual. The urine was disordered and passages were dreadfully frequent. I got help from the first box of Doan's Kidney Pills, however, and by the time I had taken four boxes the pain and bloating was gone. I have been in good health ever since."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

### Habits of Wild Bees.

There are about five thousand species of the wild bees, all with interesting ways of their own. Among them is a species whose females are veritable amazons, and carry more and better weapons than the males. There are the "cukoo" bees, who deposit their eggs in the nests of others, the progeny of both living peaceably together until maturity, when they separate. Then there is the tailoring bee, which cuts leaves with her scissors-like jaws, and fits a snug lining of the leaf material into her cave-shaped nest.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

### Natural Color of Pure Water.

It was long ago discovered that the natural color of pure water is blue, and not white, as most of us usually supposed. Opinions have not agreed on the cause of the green and yellow tints; these, it has been discovered by W. Spring, are due to extraneous substances. Dissolved calcium salts, though apparently giving a green tint, due to a fine invisible suspension, have no effect on the color of the water when adequate precautions are taken. The brown or yellow color due to iron salts is not seen when calcium is present. The green tint is often due to a condition of equilibrium between the color effect of the iron salts and the precipitating action of the calcium salts.—Scientific American.

### Hinky Dink and Barrie.

H. G. Wells of England, the forecast-novel man and sociologist, met an interesting person in Chicago and in a magazine article tells all about the experience. "I made," he says, "the acquaintance of Alderman Kenna, who is better known I found throughout the states as 'Hinky Dink,' saw his two saloons and something of the Chinese quarters about him. He is a compact, upright little man, with iron-gray hair, a clear blue eye and a dry manner. He wore a bowler hat through all our experiences in common and kept his hands in his jacket pockets. He filled me with a ridiculous idea, for which I apologize, that, had it fallen to the lot of J. M. Barrie to miss a university education and keep a saloon in Chicago and organize voters, he would have looked own brother to Mr. Kenna."

## FINDS VIRTUE IN OLD CLOTHES.

### Men's Garments Shaped to the Figure by Age Catch Artist's Eye.

To the eye of the artist the garments of the modern man are only tolerable when age has adapted them somewhat to the lines of the figure; to the average artist a new suit of clothes is an abomination.

"It is not only that new clothes are more ugly than old," said a knight of the palette who discussed the question; "to my mind no one can be properly easy or graceful in them."

"I never feel that I properly know a man until I have met him wearing an old suit. Certainly no man can possibly be his natural self in evening dress."

"I have noticed again and again how different the same people are when wearing different clothes. I went, for instance, to a large family gathering some time ago, and for some reason everybody had donned full evening dress. What a difference it made! We were all on terms of intimate friendship, but somehow the clothes brought in an element of coldness and formality. We all felt it—even the women, although, of course, the fair sex are not easily persuaded of the merits of well-worn garments. But no man who has discovered the ease and comfort of them will readily give them up. As for the artistic side of modern clothes, it only comes when they have mellowed by use!"

### Champion Whittler.

B. F. Clay, of Philadelphia, a retired ship carpenter nearly 80 years of age, is said to be the champion whittler of the world. Aided only by a penknife and a piece of sandpaper, he has cut down a single block of wood to a quadruple-linked watch chain over three feet long and many other exceedingly delicate and difficult pieces of work. During the last few years, since retirement, Mr. Clay has cut scores of watch chains.—Technical World Magazine.

### "Rip Van Winkle."

"Rip Van Winkle" was first produced about 1829. Joseph Jefferson first appeared in a version of the Washington Irving story of Charles Burke at the Walnut Street theater, Philadelphia, in 1849. Mr. Burke played Rip, and Mr. Jefferson Seth. The play of "Rip Van Winkle" now acted by Mr. Thomas Jefferson was written by Dion Bouccicault, and was produced at the London Adelphi, September 4, 1865.

### WELL PEOPLE TOO

Wise Doctor Gives Postum to Convalescents.

A wise doctor tries to give nature its best chance by saving the little strength of the already exhausted patient, and building up wasted energy with simple but powerful nourishment.

"Five years ago," writes a doctor, "I commenced to use Postum in my own family instead of coffee. I was so well pleased with the results that I had two grocers place it in stock, guaranteeing its sale."

"I then commenced to recommend it to my patients in place of coffee, as a nutritious beverage. The consequence is, every store in town is now selling it, as it has become a household necessity in many homes."

"I'm sure I prescribe Postum as often as any one remedy in the Materia Medica—in almost every case of indigestion and nervousness I treat, and with the best results."

"When I once introduce it into a family, it is quite sure to remain. I shall continue to use it and prescribe it in families where I practice."

"In convalescence from pneumonia, typhoid fever and other cases, I give it as a liquid, easily absorbed diet. You may use my letter as a reference any way you see fit." Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville" in pkgs. "There's a reason."

## A NERVOUS WRECK

### Mrs. Green Gained 26 Pounds and Recovered Her Health by Taking Dr. Williams' Pink Pills.

General debility is a term that covers a multitude of cases where there is no acute disease, yet the patient continues to lose strength and the doctor's medicines have no apparent effect. This is the decline that leads to death if means are not found to check it. In a great majority of cases Dr. Williams' Pink Pills will check it and restore health and strength because they actually make new blood and so send renewed vitality to every organ and tissue of the body.

Mrs. S. A. Green, whose address is Box 29, R. F. D. No. 4, Franklin, Ga., says: "For three and a half years I suffered with weakness and nervousness, complicated with stomach trouble. At times I was confined to my bed for periods ranging from three weeks to two months and was under the physician's care most of the time for three years. I do not know the cause of my trouble but I was prostrated with weakness and, although I took a great deal of medicine, nothing seemed to give me strength. At times my stomach hurt me something fearful and my head often troubled me. I was sleepless and what sleep I did get did not refresh me."

"When I began taking Dr. Williams' Pink Pills, I weighed but 104 pounds. I knew I was so bad that a few doses would not cure me and I had patience. Soon the pills began to give me strength, my blood got in better condition, I could sleep well at night and help some with the housework. Now I weigh 130 pounds and think nothing of walking half a mile. Dr. Williams' Pink Pills have done wonders for me and the neighbors all know this statement is true."

Dr. Williams' Pink Pills are sold by all druggists, or will be sent by mail, postpaid, on receipt of price, 50 cents per box, six boxes \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

## AGE

comes all too quickly to her who suffers from the diseases peculiar to women. Pain, weakness, debility, soon leave you but a wreck of your former womanhood.

## WINE OF CARDUI WOMAN'S RELIEF

relieves female pain, cures female diseases. "I was scanty, had numb feelings, and was terribly nervous every month, but Cardui has made me feel so much better," writes Mrs. J. Brandenburg, of Huntington, W. Va. Try it.

At all Druggists. c 18

WRITE for Free Advice, stating age and describing your symptoms, to Ladies Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn.

If afflicted with sore eyes, use Thompson's Eye Water

## READERS

of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

## SALESMEN WANTED.

We want a live, active and thoroughly experienced salesman in this locality with sufficient money to buy outright his first month's supply of our **Stimulating Low Pressure Hollow Wire Gasoline Lights**. A utility needed in every store and home and fully complying with insurance rules. To such a man we will give exclusive sales right and guarantee to refund money if goods not sold in 60 days. Further particulars on request. The Standard